



Naderi Coaching International
Beyond Right and Wrong

Relationship Dynamics in Management and Teams Parts I and II **Compact Course based on Enneagram Typology and Hypnosis**

Learning Objectives

Our assumptions of emotional and social intelligence and to assess our feelings and the one of others more effectively.

Detecting perceptual filters and the ability to switch perspectives.

To recognize own strengths and weaknesses and learn to compensate on blind-spots.

This course is concerned with personality development approaches as well as developing communication strategies based on the personality types of the Enneagram.

Content

Presentation of the Enneagram personality model

How are emotions developed?

External image versus self-image: understanding yourself and others better

Exercise self-characterization

Self-confidence, self-motivation, self-control, empathy and social skills

Stress points

Typical patterns of communication and how to meet them

Active Change of Perspective

Conflict Management

Communication Matrix

Target Audience

- * Entrepreneurs
- * Teams / individuals in management, development and marketing
- * People who are interested in personal development
- * Employees in trouble with their employer

Statement

At the end of the course a Certificate of Attendance will be provided



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Enneagram Certification Part I

Learning Objectives

The Enneagram spectrum of personality styles proves to be useful in many contexts: Couple and Family Therapy, spiritual practices, business consulting, coaching around the leadership, management and team building, learning and teaching styles.

Enneagram affects many levels of reality. Therefore it can be applied in varying intensity and depth. In Part I of the course at Naderi Coaching International, participants learn about the types and their ego structures pattern and their complete psychological background deepened through numerous exercises. At the end of the seminar, a three-hour examination is taken.

Content

How personality develops

9 types of energy

External image - self-image: understanding yourself and others better

Stress points

Typical patterns of communication and how to address them

Active Change of perspective

The stages of development

"Red flag" of the stages

Exercises and movie screenings

Typing tools and tests

How the integration of centers: heart, head and gut can be achieved more effectively in behavior therapy

How the automatic alignment of attention influences our perception ("autopilot" and "Auto Focus")

How to develop personality profiles on paradigms

How personality traits affect relationship with other

Conflict resolution based on Enneagram

Target Audience

The training and certification program of NCI in collaboration with the VHS Brunswick (www.vhs-braunschweig.de) is designed for people who want to use the Enneagram in workshops, small groups or one-on-one interactions in various fields, such as Education, counseling, therapy and spiritual development. People who want to improve their own personal and interpersonal relationships can also benefit from this training.



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This course is designed on the basis of the prestigious Riso-Hudson Enneagram Institute of New York. After this course, the participant will be able to gain a thorough understanding of the Enneagram Types and identify their energy in daily life. Numerous film clips and live exercises help to absorb the essence of the Types.

Statements

At the end of the course is a 3-hour test.
VHS Enneagram Certificate (Part 1 of 3)

Methodology

presentation
individual work
two exercises
group work
discussion
team exercises
presentation



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Enneagram Certification Part II

Learning Objectives

Continuation of Part I of the Certification Series I to III.

Content

History of Enneagram
Depth of the Enneagram
Comparison of different types of typology
Karen Horney groups and it's application
Harmonious groups and conflict management
The three instincts
Gurdjieff processes
Spirituality of the Enneagram
Consciousness states and hypnosis
Books Intro

Target Audience

Participants in the certification course I

This course is based on the Course III of the renowned certification program of the Enneagram Institute of New York.

Statements

At the end of the course is a 3-hour proficiency test.
VHS Enneagram Certificate (Part 2 of 3 parts)

Methodology

individual work
two exercises
group work
discussion
team exercises
presentation